A lifetime of specialist care

Royal Brompton & Harefield NHS
NHS Foundation Trust

PatientFocus

The newsletter for patients and our foundation trust members | Issue 3 – Spring 2014

Royal Brompton Hospital – our plans for the future

Royal Brompton & Harefield NHS Foundation Trust is the UK's leading centre for heart and lung disease; two of the world's biggest killers. Investing in new and existing facilities at Royal Brompton Hospital is essential. It is increasingly difficult to deliver the care patients deserve from some of our ageing buildings. We need 21st century state-of-the art facilities to continue to save lives and provide world-class care for patients. Having assessed the possible options, including relocating, the Trust Board has taken the decision to continue developing on the current Sydney Street site in Chelsea.

The costs will be substantial – in the region of £580 million – but the long-term benefits will be enormous. To achieve this, we need to sell property in the local area owned by the Trust and its Charity for the highest possible return, which will allow us to invest the money into providing a truly modern hospital. This means we need to gain permission from the Royal Borough of Kensington & Chelsea to sell some property for residential use. Put simply, if we cannot raise enough money, we cannot improve our facilities to the level needed and we will be forced to continue applying costly temporary fixes and remedial works so that our patients can get the care they need.

Investment in Harefield Hospital is ongoing and there are no plans to sell or move from this well-established site.

Exhibition of plans

A four-day public exhibition was held in February to share the evolving plans for Royal Brompton. Over 330 people attended the exhibition and the majority expressed support for the redevelopment plans. A further exhibition will be held in June and we encourage you to come along and find out more about our exciting and ambitious plans for the future.

Want to know more?

You can visit our redevelopment website – **http://royalbrompton consultation.rbht.nhs.uk/** – to see the plans, read the feedback from the first exhibition and stay up to date with all the issues and progress.

If you have any questions, please get in touch with our community consultation team.

Freephone: **0800 881 5442**

Email: **rbconsultation@rbht.nhs.uk**

Freepost RTBH-CATL-ZXGT
Director of Capital Projects and Development
Royal Brompton Hospital
Sydney Street
London SW3 6NP

Welcome to the latest issue

It is an exciting time for the Trust as plans progress to rebuild Royal Brompton Hospital, consolidating services on one state-of-the-art facility in Sydney Street. It is vital that we raise the appropriate funding to enable this ambitious project to go ahead. More details opposite.

We began a series of member events in 2013; the first in October and the second in November – read about them on page 2. More events are planned for this year and will be advertised in Patient Focus *and the members' section of the Trust's website.*

We are pleased to welcome five new governors to the Trust and we look forward to the valuable contributions they will make to our work. You can read more about them on pages 4 and 5.

If you are interested in contributing to our exciting research work in heart and/or lung heath, see pages 8-9 for more information.

Finally, I hope you enjoy reading Patient Focus.

Philippa Allibone, membership manager

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Cardiac catheter laboratories tour – Harefield Hospital

The Trust's inaugural members' event was held on Wednesday 16 October – a "behind the scenes" look at the cardiac catheterisation laboratories at Harefield Hospital.

Mark Bowers, catheter lab manager, led the tour, giving a brief history of Harefield and explaining the primary angioplasty programme, which has one of the fastest arrival-to-treatment times in the UK – a critical element in patients' survival. Primary angioplasty is an emergency treatment for heart attack.

Members took the opportunity to find out more about cardiac electrophysiology, the X-ray equipment and the different types of procedures performed in the cath labs. They were shown pictures of angiograms and a cardiac stent being inserted into a coronary artery and were able to closely examine the cardiac catheters and stents.

▲ *Chris Prytherch, radiographer, with visitors to Harefield Hospital*

Members were impressed by the enthusiasm and knowledge of the staff involved and gave us some excellent feedback:

"Excellent explanations, well illustrated by seeing the actual equipment (X-rays) and products used (stents)."

"Very informative and very reassuring. Particularly if an individual has to have one of the procedures discussed."

"Delightful staff who took interest in explaining. A 'big thank you' to everybody in the labs".

"Advances in cardiomyopathy" – Royal Brompton

On Wednesday 27 November, over 30 Trust members attended a talk entitled "Advances in cardiomyopathy – what we are doing and where we are going" by Dr Sanjay Prasad, consultant cardiologist at Royal Brompton Hospital.

Cardiomyopathy is a disease of the heart muscle and a leading cause of heart failure. Dr Prasad explained the different types of cardiomyopathy: hypertrophic, dilated and arrhythmogenic right ventricular. He also spoke about chronic heart failure treatments, prognosis, morbidity and prevention.

One of the most important approaches for the successful treatment of cardiomyopathy is early diagnosis and, as the disease is often inherited, Dr Prasad and colleagues have started a cardiomyopathy clinic, where an entire family can be screened for the condition.

Royal Brompton & Harefield NHS Foundation Trust is active in research in cardiomyopathy, which Dr Prasad agrees is the way forward in discovering the best treatments. For example, cardiovascular magnetic resonance (CMR) has already proved a better tool for diagnosing heart failure caused by dilated cardiomyopathy (DCM) than a standard angiogram. Dr Prasad showed images of several cases of cardiomyopathy, explaining their background and the differences between each.

Genetic research is also important and a recent breakthrough has identified a mutation in the Titin gene, which is found in one in four patients diagnosed with DCM.

Towards the end of his talk, Dr Prasad invited Mr Peter Klinger, a patient with cardiomyopathy, to the podium to talk about living with the condition, the symptoms of which he had first experienced as a child when he became breathless after the smallest exertion.

He has been a patient at Royal Brompton for 10 years, and said the care and treatment he has received have greatly contributed to the good quality of his life now.

Several members asked pertinent questions about the MRI images and were also keen to know how to improve the quality of life of patients with cardiomyopathy.

One member commented:

"The talk was interesting, simple to understand and informative. The time flew by. I could have stayed listening all night."

Outpatients' service evaluation for patients with a disability

We evaluated outpatients' services at Royal Brompton Hospital between February and April 2013 to gain information on how we can improve the experience of patients with a physical and learning disability.

The evaluation involved six patients with physical and learning disabilities, and their carers, who were shadowed during their outpatient visits and interviewed afterwards. Shadowing patients was found to be extremely insightful, particularly with patients who often experience difficulty in communicating. Staff, including consultants, nurse specialists and clinical support assistants were also interviewed.

As a result of the evaluation, we have made the following changes to improve the experience for patients:

- Trained outpatient staff and those working in adult congenital heart disease and the pulmonary hypertension teams in communication and Makaton (a type of sign language) skills.
- Added a sign outside Chelsea Wing advising wheelchair patients to use the Sydney St entrance. Information has also been included in outpatient letters for patients having an echocardiogram (ECHO).
- Re-arranged seating in outpatients for easier access for wheelchairs and created a designated area for wheelchair users.
- Provided more water coolers for patient use.
- Refurbished some treatment rooms.
- Employed a new ECHO technician for patients with adult congenital heart disease.
- Updated information about disabled parking on the Trust website.

We have undertaken a similar service evaluation in outpatients at Harefield Hospital. Results will be available soon.

If you would like to know more about the evaluation, please contact: Melanie Foody, patient experience and patient & involvement engagement manager, on email: **m.foody@rbht.nhs.uk** or telephone: **020 7351 8208.**

Adult congenital heart disease meeting for patients and their families

The adult congenital heart disease (ACHD) team held its fourth annual patient and family conference day at Royal Brompton in March. ACHD consultants, clinical nurse specialists and members of the arrhythmia and psychology teams shared their expertise with over 40 patients and relatives.

Attendees took part in focus groups and discussions to share their experiences with each other.

One person commented: "I have gained a greater understanding of my condition and some of the potential future issues." Another commented that it was "good for patients to get a chance to voice their opinions".

Suzanne Rowsell, ACHD clinical nurse specialist, organised the day and said: "These educational conferences are a great way of highlighting the facilities and support we provide as a specialist trust.

Suzanne Rowsell talks to a patient at the conference

Involving patients and families in group discussions also gives an invaluable insight into how best we can enhance our services in the future."

The next ACHD meeting will be in October – date to be confirmed. If you would like more information, please contact Suzanne Rowsell on email: **s.rowsell@rbht.nhs.uk** or telephone: **020 7352 8121, bleep 7080.**

"Involving patients and families... gives an invaluable insight into how best we can enhance our services in the future."

Welcome to our new Trust governors

Dr Alistair Lindsay – staff governor

Alistair is a specialist cardiology registrar at Royal Brompton Hospital. He holds degrees in molecular biology and medicine from the University of Edinburgh, a DPhil from the University of Oxford, and an MBA from London Business School.

In 2010 he was named "Young Trainee of the Year" by the Royal Society of Medicine.

He joined the Trust in 2010 from John Radcliffe Hospital in Oxford where he was the Radcliffe Cardiovascular Fellow, having previously worked at Harefield from 2006 to 2007. He therefore feels well placed to consider issues in terms of their impact on both hospitals.

Alistair interacts with a wide range of staff on a regular basis giving him the opportunity to garner a broad overview of staff sentiment. He recently worked with staff in the cardiac catheterisation laboratory to introduce a checklist designed to improve patient safety.

Dr Claire Hogg – staff governor

Claire been a consultant in paediatric respiratory medicine at Royal Brompton Hospital since 2006 and runs the national service for a rare disease called primary ciliary dyskinesia (PCD). This has given her extensive experience in service development and bidding for commissioned services.

She has worked closely with patient groups to successfully gain a second nationally funded service, and has now established an extensive multidisciplinary service for both the diagnosis and management of PCD.

She has a keen awareness of the issues facing many areas of medical care in the NHS and wants to ensure that the huge array of specialist services in the Trust have a secure future for patients, and to help influence plans to develop these services yet further.

Claire is also a Trustee for The Brompton Fountain, an independent charity that supports patients and their families during their stay at Royal Brompton.

Brenda Davies – patient governor, Bedfordshire and Hertfordshire

Brenda underwent triple bypass surgery at Royal Brompton in 2012. She says: "As a very nervous patient, I was overwhelmed by the highly professional standards of all staff and their constant positive attitude."

Now retired, Brenda was a teacher and, as a senior member of staff at a special needs school, was partly responsible for the day-to-day running of a complex organisation. Her particular role was as leader of a support and advice team, working with local mainstream schools to ensure the best outcomes for children with learning disabilities. As a child protection officer, she worked together with the police, social services and other agencies to support vulnerable children and their families.

Since retiring, Brenda has worked as a volunteer at the Citizens Advice Bureau, and has also been actively involved in raising money for the British Heart Foundation.

Stuart Baldock – patient governor, Elsewhere

Stuart is a former allergy patient at Royal Brompton Hospital who wants to give something back to the Trust and help play a small role in the continued success of our world-class hospitals.

Based in Lincolnshire, Stuart understands the issues facing many Trust patients outside London and hopes to be a strong voice for our members throughout the country. He is passionate about the role the Council of Governors plays and believes it is vital that patients, staff and members of the public have input into how services are provided.

His knowledge of the NHS extends beyond being a patient; he recently graduated with a postgraduate degree from King's College London following presentation of a dissertation that examined and critiqued NHS infrastructure procurement strategy between 1997 and 2012.

Dr Ejikeme Uzoalor – patient governor, Elsewhere

Ejikeme is a former patient and, by way of thanks for his excellent care, he has offered the Trust and its members his vast experience gained through serving numerous organisations at committee level. He hopes his extensive skills will help the Council of Governors in managing and shaping the policies and projects of Royal Brompton & Harefield NHS Foundation Trust.

He qualified as a medical doctor and specialised as a general surgeon at the University of Medicine and Pharmacy, Cluj Napoca, Romania.

He is president emeritus of Ohanaeze Ndi Igbo UK & NI, treasurer of Nigerians in Diaspora Organisation (NIDO) UK South, vice chairman of Anaedo Social Club of Nigeria International and foundation governor of St Anthony Roman Catholic Primary School, Forest Gate. He has also participated in numerous voluntary and charity projects for several communities in London.

Professor Mary Morrell – appointed governor, Imperial College London

Mary is a professor of sleep and respiratory physiology at the National Heart and Lung Institute. She received her PhD in physiology from London University, having previously trained and practiced as a nurse at St Mary's Hospital, Paddington. A Wellcome Trust Prize International Travelling Research Fellowship allowed her to complete postdoctorate studies at the University of Wisconsin-Madison.

Upon her return to the UK, Mary collaborated with clinical colleagues to set up the Academic Unit of Sleep and Breathing at Royal Brompton Hospital. Mary's current research focuses on the cardiovascular and neurological consequences of sleep apnoea, particularly in vulnerable patients with pre-existing heart disease, and older people.

She is replacing Professor Michael Schneider who resigned his position on 31 December 2013.

Have your say on our strategic plans

Under the terms of our NHS Provider Licence, the Trust submits, annually, a set of forward-looking plans to our regulator, Monitor. As part of this process, the NHS Foundation Trust Code of Governance now requires that our governors canvass the opinion of Trust members and the public on our strategic plan, objectives and priorities. These are set out below and, on behalf of our governors, we invite your comment. Your views will be reflected in the Trust's five-year strategic plan when it is submitted to Monitor at the end of June.

Focused growth

Our mission is to be the UK's leading specialist centre for heart and lung disease. Our strategy to achieve this is focused growth across the whole spectrum of heart and lung treatments and the ongoing development of our vertical model (treating patients from before birth, throughout childhood and into adulthood and old age) of care.

We are focusing on five areas:

1. Clinical quality

The Trust has six Quality Priorities:

- **Quality and productivity:** a broad-focus programme in cardiac surgery service at both hospitals to identify where there are challenges, agree any changes and implement them. These programmes will merge in the latter half of 2014-5.
- **Intensive care family satisfaction surveys:** bespoke questionnaires help staff understand the patient's and family's perspective, and identify improvements.
- **Lung cancer review:** examines the Trust's cancer service, including surgical and non-surgical support, as well as input from key partners outside the Trust, the relationship with referrers and primary care / community services. This programme began in early 2014.
- **Seven-day working:** NHS England requires all trusts to define what seven-day working means for them, and to have put in place the necessary changes to deliver it by April 2017. We are participating in the High-intensity Specialist Led Acute Care (HiSLAC) project, which is designed to evaluate the efficacy and cost effectiveness of increasing specialist (consultant) input into the care of acutely ill medical admissions at weekends.
- **Theatre cancellations for non-clinical reasons:** a programme to identify and implement multiple small changes, thereby reducing the number of cancellations. Scheduled to begin in 2014-15.
- **Medication errors for children's services:** medication errors are one of the main categories of incidents reported nationally. Most are "near-miss" events resulting in minor or no harm to the patient. While the Trust has a good record of medicine safety, over the next year we will make multiple small changes to reduce errors and improve processes.

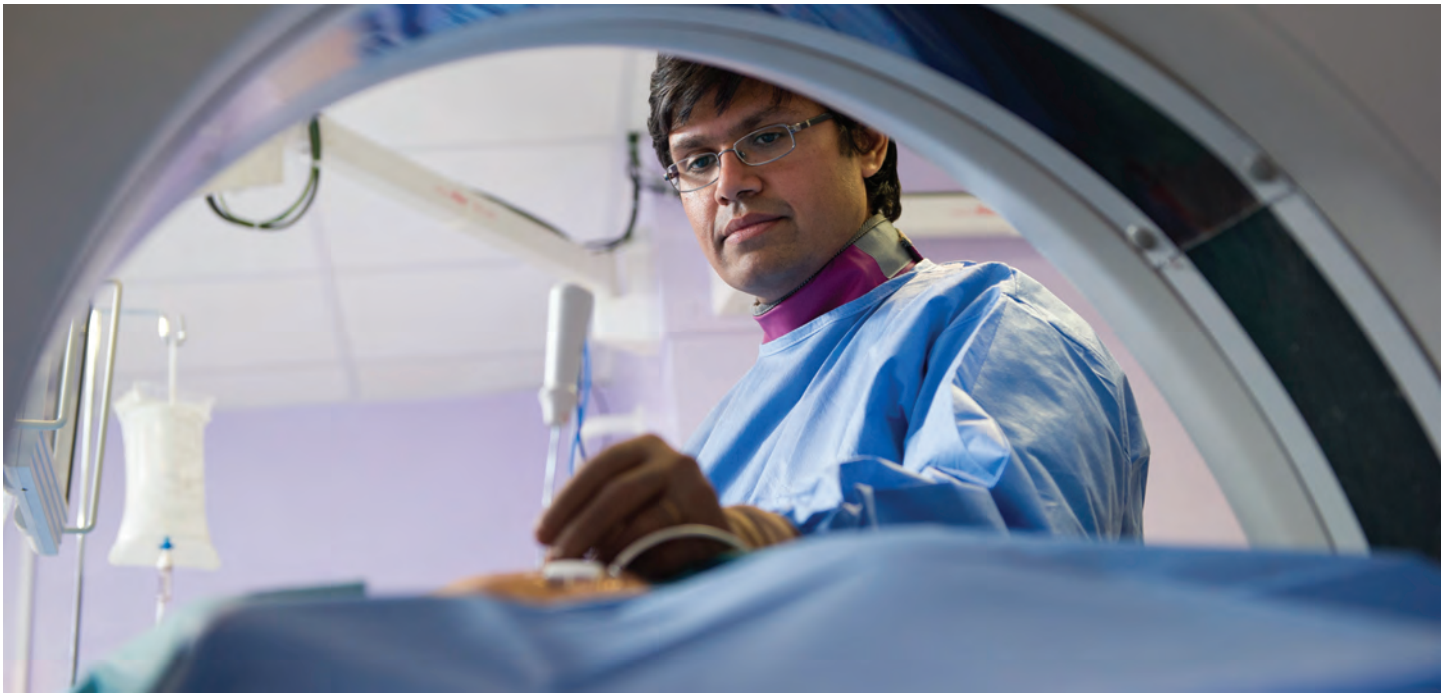
2. Partnerships

We can only provide optimal care for our patients by operating within a "system of care". As part of this we will:

- Devote time and resources to nurturing relationships with our district general hospital referral partners.
- Continue to explore how we can transform our paediatric activities in a joint venture with Chelsea & Westminster Hospital NHS Foundation Trust on their site.
- Fully exploit the research potential of common data sets and shared clinical best practice through our three-year plan for the Institute of Cardiovascular Science and Medicine (a collaboration with Liverpool Heart & Chest Hospital).
- Recast the nature of our relationships with key suppliers of medical devices and consumables so we can achieve earlier and preferred access to exciting new technologies and funding for research projects.

3. Information technology

The Trust has many outdated, difficult-to-support and overlapping computer applications. We will:



- Develop a new, simplified application architecture and information solution.
- Implement a clinical data warehouse to provide a single, trusted repository of comprehensive and accurate patient-related information. Coupled with electronic document and image management, workflow and data capture solutions, we will create a single information platform for our integrated digital care record (IDCR). We will also provide patients with secure, remote access to their personal clinical data.

4. Redevelopment of our hospitals

To maintain the clinical quality of our services and a financial surplus, we need continued growth in activity, both to respond to demand and to reduce unit costs. However, this growth is seriously constrained by the capacity, configuration and condition of our buildings. Examples of these constraints are the shortage of critical care beds and outpatient clinic rooms on both sites, and substantial increases in the Trust's maintenance budget, especially relating to the Fulham Road Wing. The following redevelopment plans will address these limitations:

Royal Brompton Hospital

- We are working on plans for the redevelopment of our Chelsea campus. The proceeds from a phased sale of some sites within this campus will fund the reconstruction and expansion of the main Sydney Street site to create a truly 21st century hospital. Redevelopment work is not expected to start before mid-2018.
- In the interim, we will open an outpatient facility in Wimpole Street to expand private patient activities and seek other off-site opportunities to add more private inpatient bed capacity.
- Over the next 18 months, we will create a hybrid theatre in which we will perform a wide range of complex procedures more effectively.

Harefield Hospital

Although long-term redevelopment of this campus is in the planning phase only, during the next 18 months, we will:

- Establish a viable development and funding plan to create a new graduated care and imaging centre. This will consolidate all high-dependency and intensive care beds and major scanning modalities within a single, purpose-built facility.
- Address short-term capacity constraints by installing a modular-built extension with six additional beds to the level 3 ITU.
- Install a modular-built scanning centre to house a fixed MRI scanner and a second, high-end CT scanner.
- Add a further 18 ward beds on a new, second floor of Acorn Ward.
- Convert the former thoracic theatre suite into an endoscopy facility, with additional day case / short stay beds for respiratory as well as cardiac patients, and some additional transplant inpatient beds.

These plans will require a major step-up in our capital expenditure. We have negotiated a 15-year loan facility with the ITFF (Independent Trust Financing Facility).

5. Developing services within community settings

The *"Shaping a Healthier Future"* programme aims to improve NHS services for patients in North West London by managing more patients within primary care and at home. Expanding services in our communities, such as our pulmonary rehabilitation and rapid access cardiology programmes, will support this aim.

We are also trialling different approaches to community-based diagnostic cardiology in the boroughs of Hillingdon and Kensington & Chelsea, in collaboration with primary and secondary care partners.

If you want to know more

For more detailed information on any of the above focus areas, please refer to our website:
www.rbht.nhs.uk/strategic-plan

What do you think?

Please direct questions and comments regarding the strategic plan, preferably by **2pm Friday 16 May**, to:

Post: Corporate governance manager
Level 1, Britten Wing
Royal Brompton & Harefield
NHS Foundation Trust
Sydney Street
London SW3 6NP

Email: governors@rbht.nhs.uk

Tel: 020 7351 8264

Our research

Secretary of State opens new genetics laboratory at Royal Brompton Hospital

In December 2013, Secretary of State for Health, Jeremy Hunt, officially opened a new genetics and genomics laboratory at Royal Brompton, which will dramatically improve healthcare for families affected by inherited cardiac disease.

The new £2 million state-of-the-art facility – a joint venture between the Trust and Imperial College London – will provide Trust patients (as well as the wider NHS) with vastly improved access to genetic tests. It will enable much quicker testing for those clinically diagnosed with, or a family member who is at risk of, an inherited cardiac condition.

Mr Hunt commented at the opening: "It is a great privilege to be here and see firsthand the incredible impact this scientific research has on so many lives. We want this to be the century of personalised care and the advances in treatment that we are seeing at state-of-the-art laboratories like Royal Brompton's will help revolutionise medicine."

Professor Dudley Pennell, cardiovascular biomedical research unit director, said: "This facility, officially opened by the Secretary of State, underpins the Trust's commitment to translate cutting-edge research on the genetic causes of heart disease into improvements in the diagnosis and treatments available for NHS patients. In future, patients will benefit from unprecedented access to genetic testing which is fast, equitable and inexpensive."

Mr Hunt also met families who have inherited cardiac conditions and are treated at Royal Brompton. Owen Hendry and his sons Sam, aged 10, and Ben, aged 9, all have the genetic condition, Brugada syndrome, which is passed on via a specific gene. Sam enjoyed showing Mr Hunt his scar (pictured right) following a procedure to implant an ICD to monitor his heart rhythm.

Meet our researchers

Royal Brompton & Harefield NHS Foundation Trust carries out a wide range of heart and lung research, all aimed at helping improve patient treatments and care. If you are interested in finding out more about our research, please join us at our:

Heart and lung research open day

Date and time:

Friday 23 May 2014, 11.30am-2.00pm

Venue:

Royal Brompton Hospital, SW3 6NP

- **Heart research:** main reception area and seminar rooms, ground floor, Sydney Street
- **Lung research:** NIHR Respiratory Biomedical Research Unit, 1st floor, Fulham Wing, Fulham Road

This is an opportunity for patients, members of the public and local schools to join us and discover more about the research studies currently taking place in the Trust as well as our research success stories. You can view our facilities, witness hands-on demonstrations and meet our researchers.

Our activities will be both fun and informative and include *3D cilia, artificial hearts, strawberry DNA extraction, genes and the heart, Heart in 3D and ECG buzz wire.* There will also be live music and refreshments.

For more information on our open day, please contact Julia Coffey (heart research) or Zahra Aden (lung research) by telephone on: **020 7352 8121** or send an email to: **research-findoutmore@rbht.nhs.uk**

Have a say in our research

We are keen to hear from both patients and the public who are interested in contributing to our exciting research work in heart and/or lung health.

One way to have a say in our research is to join either our heart or lung public research forum.

These forums involve members of the public in decisions about how we carry out our research so we can make sure:

- Our research focuses on the health improvements important to patients
- Treatments that may result from the research are acceptable to patients
- Research is designed to meet the needs of patients who participate.

Who can be a forum member?

We are looking for a variety of people who have an interest in heart or lung research.

We would like to hear from people who:

- Are living with a heart or lung condition or their partner, carer, friend or relative
- Have a history of heart or lung disease in their family
- Have experience of being a participant in clinical research
- Are a member of a patient representative organisation

If you are interested in joining a forum, please contact Julia Coffey (heart research) or Zahra Aden (lung research) on **020 7352 8121** or email: **research-findoutmore@rbht.nhs.uk**

Patients praise "excellent" care at Harefield Hospital during CQC inspection

Inspectors from the Care Quality Commission (CQC) have judged that Harefield Hospital is meeting seven essential standards of quality and safety. Their report, published on 5 March, highlights positive comments from patients who said "their care was 'excellent', that they were happy with the information they'd been given pre operatively and that care was 'second to none'."

The report shows that following the unannounced inspection on 3 February 2014, the hospital met all seven essential quality standards that were reviewed on the day, in all areas visited:

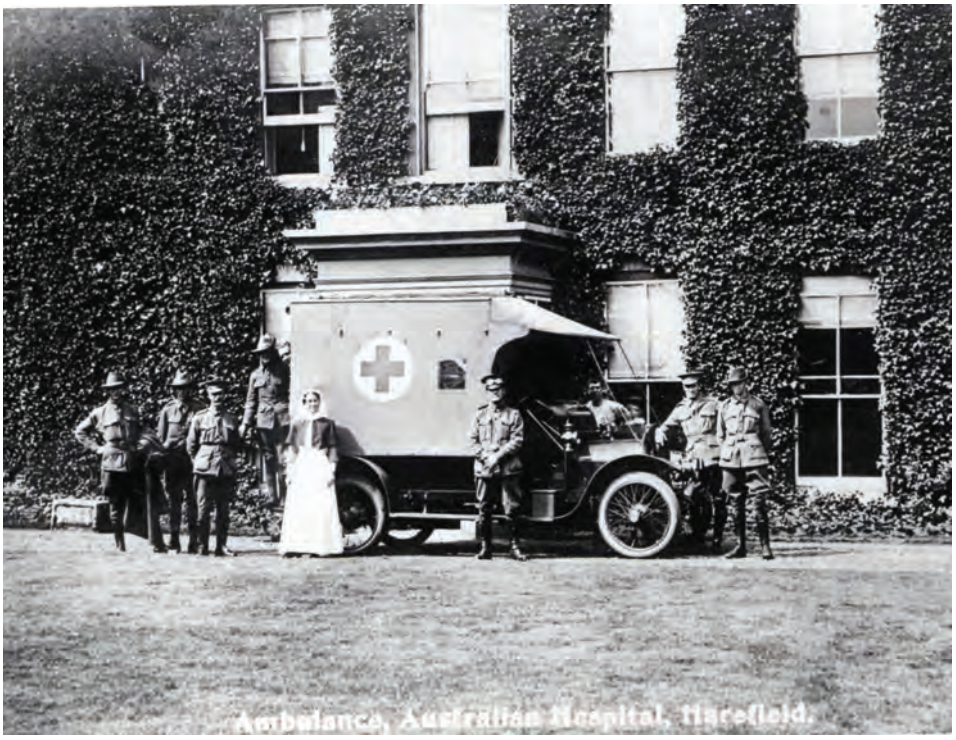
- Respecting and involving people who use services
- Care and welfare of people who use services
- Meeting nutritional needs
- Cleanliness and infection control
- Staffing
- Supporting workers
- Assessing and monitoring the quality of service provision

During the visit the inspectors talked to patients, carers and staff in the outpatients department, operating theatres, the intensive care and high dependency units, the pre-assessment and day case units, and inpatient wards, including acute cardiac care and transplant wards.

In their report, the inspectors said: "Patients spoke positively about the staff that supported them with their care and treatment and considered them knowledgeable and professional."

The report also made note of patient feedback in relation to the Friends and Family Test, which shows that 90 per cent of patients would recommend Harefield Hospital to their friends or family if they needed similar treatment.

Help us to celebrate 100 years of Harefield Hospital in 2015



▲ *An ambulance outside Harefield Hospital in the early years*

Next year, 2015, Harefield Hospital will celebrate its centenary.

The Trust is planning to run a series of celebratory events throughout the year. As part of the celebrations, we would like to include patient stories and/or photographs. If you have anything that you would like us to consider for inclusion, please contact Philippa Allibone, membership manager, on email: **p.allibone@rbht.nhs.uk**

We will keep you updated as our celebration plans progress, both on the Trust website and in *Patient Focus.*

"Tell your story of Harefield and/or share your photographs from the past 100 years"

Diary dates

TRUST EVENTS

Breatheasy support groups

These groups provide opportunities for local residents and their carers living with chronic lung conditions to join informal, friendly discussions. Presentations are made by members of Royal Brompton Hospital's chronic obstructive pulmonary disease (COPD) team with guest speakers from both inside and outside the Trust.

Date and time:
held on the first Tuesday of every month at 2.00pm.

Venue:
Education Centre, Respiratory Clinical Research Facility, 1st floor, Fulham wing, Royal Brompton.

Contact: Rebecca Tanner, clinical research physiotherapist

Email: r.tanner@rbht.nhs.uk

Tel: 020 7351 8029

Singing for Breathing

The sessions are aimed at those with respiratory conditions, or breathlessness associated with cardiac conditions, and are relaxed, informative and fun.
They aim to teach basic singing techniques, which can help with breath-management and release stress.

ROYAL BROMPTON HOSPITAL:

Open workshop for all patients (except those attending Foulis Ward)

Date and time:
2.00pm-3.00pm every Monday

Venue:
The Quiet Room, Victoria Ward, 2nd floor, Fulham Wing, Royal Brompton Hospital

HAREFIELD HOSPITAL:

Open workshop for all patients

Date and time:
3.30pm-4.30pm every Tuesday

Venue:
Rehabilitation & therapies seminar room, 2nd floor, Harefield Hospital

Contact: Vicki, Annabelle or Jenni in the arts team before your first session for more information, and to make sure the class is running as usual – or to buy the Singing for Breathing CD.

Email: arts@rbht.nhs.uk

Tel: 020 7351 4087

Web: www.rbht.nhs.uk/arts

MEMBERSHIP EVENTS

"Easy ways to help women (and men!) to be healthy and live longer" – Professor Peter Collins

Cardiovascular disease is the leading cause of death in women. Professor Collins will discuss some of the ways in which patients can reduce their risk factors for cardiovascular disease.

Date and time:
2.00pm, Monday 19 May 2014

Venue:
Education Centre, Respiratory Clinical Research Facility, 1st Floor Fulham Wing, Royal Brompton Hospital

Members' Annual Meeting

Date and time:
1.00pm, Monday 21 July 2014

Venue:
Harefield Hospital, Concert Hall

Tour of the cardiac catheter laboratories

Date and time:
Tuesday 16 September 2014.
Time TBC

Venue:
Cardiac catheter laboratories, Royal Brompton Hospital

Diabetes and cardiac disease

Our clinical nurse specialist, Valerie Lapworth, will talk about diabetes and its effect on heart disease – risk factors and preventions.

Date and time:
2.00pm, Friday 14 November 2014

Venue:
STaR Centre, Harefield Hospital

If you would like to attend any of these events or want more information, please contact:

Contact: Philippa Allibone, membership manager

Email: p.allibone@rbht.nhs.uk

TRUST BOARD MEETINGS

Members of the public are welcome to attend.

- **23 July 2014**

Time: 2.00pm-4.00pm

Venue: Royal Brompton Hospital, Board Room

- **24 September 2014**

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

- **22 October 2014**

Time: 2.00pm-4.00pm

Venue: Royal Brompton Hospital, Board Room

- **26 November 2014**

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

COUNCIL OF GOVERNORS' MEETINGS

- **19 May 2014**

Time: 11.00am-1.30pm

Venue: Royal Brompton Hospital, Board Room

- **21 July 2014**

Time: 1.00pm-3.30pm

Venue: Harefield Hospital, Concert Hall

- **23 October 2014**

Time: 11.00am-1.30pm

Venue: Royal Brompton Hospital, Board Room

Useful contacts for Trust members

Foundation Trust

Membership Office
Contact: Philippa Allibone
Tel: 020 7352 8121 ext 2811
Email: members@rbht.nhs.uk

Corporate Secretariat
Contact: Anthony Lumley
Tel: 020 7351 8264
Email: governors@rbht.nhs.uk

Royal Brompton & Harefield Hospitals Charity

Stuart Willson
Head of community fundraising
Tel: 020 7352 8121 ext 8882
Email: s.willson@rbht.nhs.uk

James Hunt
Community fundraiser, Royal Brompton Hospital
Tel: 020 7352 8121 ext 2210
Email: j.hunt@rbht.nhs.uk

Nick Fry
Marketing and communications manager
Tel: 020 7352 8121 ext 4267
Email: n.fry@rbht.nhs.uk

Ann Rolfe
Executive assistant
Tel: 020 7352 8121 ext 4269
Email: a.rolfe@rbht.nhs.uk

Desiree Zimmerman
Community fundraiser, Harefield Hospital
Tel: 01895 828 820
Email: d.zimmerman@rbht.nhs.uk

Healthwatch

Healthwatch – Kensington and Chelsea
Address: Unit 25, Shaftesbury Centre,
85 Barlby Road, London W10 6BN
Tel: 020 8968 7049 / 6771
Email: healthwatchcwl@hestia.org
Website: healthwatchcwl.co.uk/kensington-chelsea

Healthwatch – Hillingdon
Address: 26 Market Square, The Pavilions, Uxbridge UB8 1LH
Tel: 01895 272997
Email: office@healthwatchhillingdon.org.uk
Website: healthwatchhillingdon.org.uk/

Other useful contacts

Harefield Hamsters
Harefield Transplant Club
Chairman: Brian Unwin
Tel: 01494 472 470
Email: chairman@harefieldhamsters.org
Website: www.harefieldhamsters.org

Re-Beat
Harefield cardiology patient support group
Chairman: Ken Crisp
Tel: 020 8868 7571
Email: ken.crisp@btinternet.com

Friends of Harefield Hospital (volunteers)
Contact: Don Chapman
Tel: 01895 828 678

Friends of Royal Brompton (volunteers)
Contact: Elizabeth Henderson
Tel: 020 7351 8272
Email: e.henderson@rbht.nhs.uk

Cystic Fibrosis Trust
Address: 11 London Road, Bromley, Kent BR1 1BY
Tel: 020 8464 7211
Helpline: 0300 373 1000
Email: enquiries@cftrust.org.uk
Website: www.cftrust.org.uk

The Somerville Foundation
For patients with congenital heart disease
Address: 25 St Margaret's Green, Ipswich IP4 2BN
Tel: 01473 252 007
Helpline: 0800 854 759 (ansaphone only at weekends)
Email: admin@thesf.org.uk
Email: helpline@thesf.org.uk

Tiny Tickers
A source of information on prenatal heart disease
Tel: 020 3286 1250
Email: info@TinyTickers.org
Website: www.tinytickers.org

The Brompton Fountain
Supporting families of children with heart and lung conditions
Address: *1 Love Lane, London EC2V 7JN*
Tel: 020 7776 9000
Email: admin@thebromptonfountain.org.uk
Web: www.thebromptonfountain.org.uk
Facebook: /thebromptonfountain
Twitter: @BromptonSupport #hereforyou

The Octavia Appeal - Friends of Royal Brompton
The Octavia Appeal is specifically to help the paediatric intensive care unit and paediatric ward fund specific items
Contact: *Lynda Mackie*
Address: *39 Coniger Road, London SW6 3TB*
Email: lynda@octaviaappeal.org
Web: www.octaviaappeal.org
Facebook: /OctaviaAppeal
Twitter: @OctaviaAppeal

Primary Ciliary Dyskinesia (PCD) Group
Contact: Fiona Copeland (chairman)
Tel: 0300 111 0122 (helpline)
Email: chair@pcdsupport.org.uk
Website: www.pcdsupport.org.uk

Duchenne Family Support Group
Address: 78 York Street, London W1H 1DP
Tel: 0870 241 1857
Helpline: 0800 121 4518
Email: info@dfsg.org.uk
Website: www.dfsg.org.uk

Raynaud's & Scleroderma Association
Address: 112 Crewe Road, Alsager, Cheshire ST7 2JA
Tel: 01270 872 776 or 0800 9172494
Email: info@raynauds.org.uk
Website: www.raynauds.org.uk