



A lifetime of specialist care

PatientFocus

The newsletter for patients and our foundation trust members | Autumn 2014

Harefield Hospital – an exciting future

2015 is Harefield Hospital's centenary and we want to make it a year to remember!

It is an opportunity to celebrate the care and recovery of thousands of patients, the dedication of staff and the ground-breaking clinical and scientific achievements that have been taking place since the hospital opened in 1915.

We have started making plans and are hoping as many Trust members get involved as possible.

There will be a number of celebratory events organised throughout the year – some by the Trust and some by Royal Brompton & Harefield Hospitals Charity, which will raise funds for the hospital.

We will keep you updated about the plans on: www.rbht.nhs.uk, www.rbhcharity.org and in *Patient Focus*.

Another important part of this legacy will be the multi-million pound expansion and redevelopment of Harefield Hospital. Improvements will be implemented in three stages over the next five years (subject to planning permission) with phase one due for completion during the centenary year.

Improvements include:

- An increased number of critical care and inpatient beds
- Enhanced diagnostic imaging and scanning capability
- A reconfigured operating theatre
- A state-of-the-art endoscopy suite

By 2020, rebuilt wards and a brand new graduated care unit will increase the number of hospital beds to well over 200 (from the current 176), enabling more patients to benefit from our specialist care.

As well as an expansion of services, such as transplantation and primary angioplasty, the investment will enable the continued growth of respiratory services, including treatment for difficult asthma and severe emphysema. It also presents an opportunity to develop a new allergy service, providing food and drug challenges, immunotherapy and desensitisation therapy.

Bob Bell, chief executive, commented: "This is an exciting time for Harefield, particularly as it approaches its centenary year in 2015. The new and improved facilities at the hospital will help us meet the increasing demand for the world-class services provided by our clinical teams."

Welcome to the latest issue

It is an eventful time for the Trust – 2015 will be a year to remember with the celebration of Harefield Hospital's centenary. Plans also continue apace for Royal Brompton's redevelopment. More information on this can be found on pages 6 and 7.

We are pleased to welcome two new governors to the Trust and we look forward to the valuable contributions they will make to our work. You can read more about them on page 4.

The members' event programme is proving to be a great success and details of our most recent events are on page 3. If you would like written information about events for 2015, please send your details to me at members@rbht.nhs.uk or alternatively you can find details at: www.rbht.nhs.uk/members.

Thank you to Mr J D Milaric for kindly contributing an original poem about heart disease (page 5). If you have anything you'd like to contribute for future editions, please contact me: members@rbht.nhs.uk

Finally, I hope you enjoy reading Patient Focus.

P.J. Milaric

Philippa Allibone,
membership manager



Report: annual members' meeting and general meeting of council of governors 2014



▲ Dr Will Man, consultant chest physician, presenting at the AGM

On 21 July 2014, the Trust held its fifth annual members' meeting, which was combined with the council of governors' annual general meeting for the second time. Around 80 Trust members, including staff, patients and governors attended the meeting, which was held in the Concert Hall at Harefield Hospital.

Sir Robert Finch, Trust chairman, welcomed members and spoke of his "immense pride in the Trust's achievements in the last year". He acknowledged John McCafferty, who has stepped down as public governor for the South of England, and thanked him for his contributions. John is the world's longest surviving heart transplant patient. Sir Robert also paid tribute to Dr Caroline Shuldham, director of nursing and clinical governance, who is retiring at

the end of the year, for her "wonderful career" at the Trust.

Bob Bell, chief executive, then updated attendees on strategic issues, including our consistently high patient and staff satisfaction scores, the proposed redevelopment at both hospitals and our joint ventures and collaborations with other systems of care.

There were reports from:

- Nomination and remuneration committee (Ray Puddifoot, lead governor)
- Membership steering committee (Edward Waite, patient governor)
- Audit and quality report (Deloitte – auditors)

- Annual report (Richard Connett, director of performance and Trust secretary)
- Accounts (Rod Morgan, chief accountant, in the absence of Richard Paterson, associate chief executive – finance)

The meeting ended with a presentation by Dr Will Man, consultant chest physician at Harefield, on pulmonary rehabilitation and working in the community, which was very well received by attendees.

Feedback on the day was very positive, with one member commenting that the event was "well worth attending" and another describing Dr Man's presentation as "very interesting and informative".



Member events

Tour of Royal Brompton Hospital's cardiac catheter laboratories

On 16 September, 26 trust members attended a tour of the cardiac catheterisation laboratories (cath labs) at Royal Brompton Hospital.

Dr Simon Davies, consultant interventional cardiologist, started the tour with a talk about the history of cardiac catheterisation (angios). He explained that cardiac catheterisation was not a new procedure; it was first done in 1929 by Dr Werner Forssman – on himself! Dr Davies then described the different types of heart conditions treated in the cath labs. Examples of angiograms were shown with blockages in the coronary arteries being opened by coronary balloons and stents.

Karen Shevlin, cath lab manager, and her staff divided members into two groups. The first group was taken to the cardiovascular biomedical research unit (cBRU) laboratory and the second group



▲ A demonstration during the tour of Royal Brompton's cath labs

to cath lab 2, which is used for children's procedures. In the cBRU laboratory, members were shown a whole angiogram procedure: how the patient is prepared (draped) to provide a sterile environment, the drugs used and how the X-ray equipment is moved by the radiographers. Members were given the opportunity to handle the different types and sizes of catheters, stents and plugs.

The tour of cath lab 2 demonstrated pictures on the X-ray screens with examples of congenital heart conditions both before and after closing the defects.

Members were also taken into the control room and shown moving images of a number of different cardiac procedures that are routinely carried out in the cath labs and were given the opportunity to "drive" the X-ray equipment.

The groups then swapped locations so that all members saw both of these specialised areas.

One member commented: "What an informative experience! Calmly explained, I would now have these procedures done with no fear."

Easy ways to help women (and men!) be healthy and live longer

On 19 May 2014, over 20 Trust members attended a talk entitled "Easy ways to help women (and men!) be healthy and live longer" by Professor Peter Collins, consultant cardiologist at Royal Brompton Hospital.

Heart disease is the leading cause of death in women: 10 times more deaths occur from heart disease and stroke than from breast cancer. However, a lot of heart disease can be treated with lifestyle changes, medication and exercise.

Professor Collins explained that whilst medicine can help you live longer, you can also help yourself by taking exercise, simply by walking for half an hour each

day. The half hour can be done in single sessions or broken into three 10-minute sessions. Exercise helps to maintain energy levels, lower total cholesterol, manage body weight, control the metabolic syndrome (a combination of diabetes, high blood pressure and obesity) and relieve stress.

Professor Collins told the audience heart disease occurring in women is very preventable and can be delayed. One of the problems is that heart disease starts when women are young and it gradually worsens over the years, sometimes developing into a heart attack. A heart attack (where a blood clot blocks an artery in the heart) can cause heart

muscle death within 15 minutes so the sooner the clot is opened the better the result will be.

Professor Collins said that the top three risk factors for developing cardiovascular disease are hypertension (high blood pressure), diabetes and cigarette smoking.

Throughout the meeting, members asked pertinent questions about heart disease, and following the talk, the membership team received some excellent feedback. Comments included: "the talk was interactive, practical and not too technical" and "the presentation was extremely informative and well presented".

Welcome to our new Trust governors

Two Trust governors, Mr John McCafferty and Mr Philip Dodd, stepped down in summer 2014, leaving vacancies in two areas in the public constituency.

Subsequently, Mr Anthony Connerty and Mr George Doughty began their terms on 1 September 2014. They explain their reasons for becoming involved with the work of the Trust:



Anthony Connerty – public governor, South of England

Anthony Connerty, from East Sussex, is the new public governor representing the South of England. He is a barrister and practices in London.

Anthony said: "Previously, I served for a number of years as a patient / carer governor for the Trust. I stood for election again because I wished to continue making some contribution in return for the excellent care I received at Harefield.

Attending meetings of the Council of Governors has shown me the extraordinary work and dedication of the medical and other staff at the two

hospitals. Those hospitals have rightly achieved global recognition for their work in their specialist fields."

"I wished to continue making some contribution in return for the excellent care I received at Harefield"

George Doughty – public governor, North West London

George Doughty lives in Fulham and is the new public governor for the North West London constituency. He has over 25 years' experience working in the City as a Lloyd's Underwriter and over 15 years' experience working in a diverse range of voluntary roles.

He said: "My youngest son was born with a congenital heart defect and, since undergoing successful open heart surgery at the age of six months, he has been a patient at Royal Brompton Hospital. Our family is indebted to the dedicated staff for their continuing professional care and support of our son.

I look forward to making a positive contribution to help secure the vision and future direction of the UK's leading specialist foundation trust for the treatment of both adult and paediatric heart and lung disease. I would also like to take this opportunity to encourage all

patients and their families to become members of the Trust and, by so doing, play their part in supporting its future."

"I would like to encourage all patients and their families to become members of the Trust and by so doing, play their part in supporting its future"



Member get member

We are always keen to recruit new members to our Trust – patients, carers, and members of the public are all welcome. And don't be afraid to encourage your friends and family to become members too!

Becoming a member is easy and free. For information and to complete a registration form go to: www.rbht.nhs.uk/members or email: members@rbht.nhs.uk



Take it to heart – a poem

We are most grateful to Mr J D Milaric for sending us his original poem about heart disease.

These words are for everyBODY with a heart
Who wants to be really smart
But consider it easier said than done
To make lifestyle changes and so become
Less prone to **heart disease**

Having been an angina sufferer for decades now
I am keen to share with you how
To combat the onset of cardiovascular disease
Which can develop with surprising ease
By being aware of the warning signs
And eradicating this scourge of our times

YOUR DIET – choose wisely what to eat and drink
So much more important than you perhaps think
"You are what you eat" is so apposite
So provide a wholesome response to your appetite

Cut down on the salt intake
Together with sugar in snacks like biscuits and cake
Consume instead more fruit and vegetables
Reduce your consumption of processed foods

The best way to quench a thirst
Is to drink water first
Alcohol is fine in appropriate measures
As one of life's enduring pleasures

EXERCISE regularly as part of your health regime
This need not be as daunting as it may seem
For the best results, make a plan
Avoid this being a "flash in the pan"
Losing weight and feeling better
Will be the upshot of your endeavour

Aerobic activity is the best kind
With positive side effects for your mind
Choose a suitable form of physical activity
That when performed at moderate to high-intensity
Enables your heart to beat faster
Your lungs to work harder
Maximising the blood's intake of oxygen
And the efficiency of your cardiovascular system

YOUR HABITS – many people have a tendency
Towards smoking to any degree
Or maybe just passively
And drinking alcohol excessively
Using drugs unless prescribed professionally
Any of these may impair your heart permanently

Give up before the heart gives up on you
Subsequently you will never rue
The day that this decision was made
Helping you to much better evade
Succumbing to heart disease



STRESS is an established part of our existence
But left unchecked can produce a dire consequence
As your mind and body suffers constant attrition
Unknowingly you develop a heart condition
Stress levels need to be duly managed
To avoid a potentially damaged
Heart occurring

Calming down and using a relaxation technique
Will improve your mood and propensity to seek
A means of living in a more relaxing manner
In turn, preventing stress from becoming a spanner
In the workings of your heart

HEARTS require rhythmic maintenance
To deliver optimum performance
Lifestyle risk factors should be addressed
In order that you can be blessed
With a cardiovascular system
That functions without a problem

Organisations like the British Heart Foundation
Together with people right across the medical profession
Not least your family and friends – all have the intention
To see that you will be **hale and hearty**

Cardiovascular disease continues to affect and kill
Countless people in the UK and likely will
Continue doing so until
Everybody plays their part
In having a BODY with a **good heart**

J D Milaric
07.03.2014

Royal Brompton redevelopment update – show your support

In November 2013, the Trust announced a major redevelopment of Royal Brompton Hospital, which will enable our expert clinicians to continue providing world-class healthcare from new state-of-the-art facilities.

The plan is to consolidate all services onto a single site in Sydney Street. Currently, services are provided in four buildings, which is not the right environment to deliver 21st century patient care.

We are now entering the next stage of this process and are gathering support from patients, residents, Trust members and other key stakeholders.

Why do we need a new hospital?

● **Increasing demand**

Over the last five years, the Trust has seen a growth of 23 per cent in inpatient admissions and 24 per cent in outpatient attendances.

● **Better environment for all**

Many of our buildings are no longer suitable for modern hospital services and healthcare and they cannot support new technological advances in patient care. Additionally, they are becoming prohibitively expensive to run and maintain.

● **Multiple sites**

Currently, services are split across multiple Chelsea sites causing discomfort and inconvenience for

"Advances in modern medicine and surgery, particularly in critical care, mean that the amount of space we need around the bedside for life support equipment has increased dramatically. Working in our current facilities makes this a real challenge."

Cliff Morgan

Clinical director, critical care and anaesthesia

seriously ill patients. One of our scanners is in a mobile unit in the hospital car park.

A new and improved hospital will enable us to:

● **Treat more patients and save more lives**

There will be additional inpatient beds, and almost double the number of operating theatres, so that we can meet

demand, treat more patients and save more lives.

● **Create a better environment for patients**

With up to 30 per cent more hospital space, there will be more single, en-suite rooms reducing the risk of infection, and providing greater privacy for seriously ill patients and their visitors.

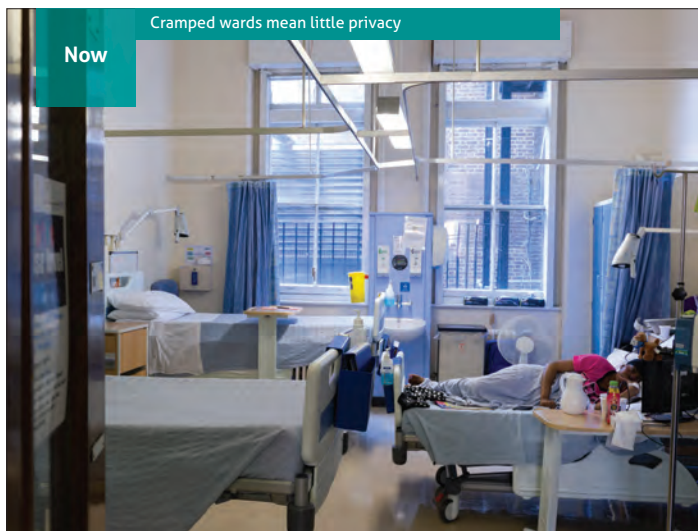
● **Remove obstacles to better patient care**

Patients will no longer be transported between buildings by ambulance because all our services will be together on a single Sydney Street site. Specialist equipment, such as scanners, will be next to clinical services rather than split across multiple sites in Chelsea.

● **Maximise innovation, research and education**

Royal Brompton has a world-leading reputation for innovation, research and education. Modern facilities will ensure we keep up with advances in technology, treatments and care, and guarantee we can recruit, develop and retain the best medical professionals.

Professor Timothy Evans, Trust medical director, explains: "We cannot carry on as we are. We owe it to patients to ensure they receive the best possible care now, and in the future. I hope you will support us in seeking to improve patient care for generations to come."





"As a parent of a child with a life-threatening respiratory illness, I support Royal Brompton's proposals. A better environment overall will benefit so many families like mine who need round-the-clock care and support. These plans will create a state-of-the-art hospital and that will mean better care for my child."

Caroline Cartellieri
Parent of patient

Our future, your care

Building a better Royal Brompton for heart and lung patients



Support us

Support us to deliver a new and improved hospital for patients and for future generations.

Contact us to:

- Register your support
- Receive more information
- Volunteer to help

Tel: 0800 881 5442 (Freephone)
Email: feedback@ourfutureyourcare.org
Website: www.ourfutureyourcare.org
Follow us on Twitter: @RBandH

There will be a public consultation event later in the year. Please visit our website for further information – www.rbht.nhs.uk or www.ourfutureyourcare.org

Trust surgeon appointed president of Royal Society of Medicine

Mr Babulal Sethia, consultant congenital heart surgeon, was officially appointed president of The Royal Society of Medicine (RSM) at an inauguration ceremony in London on 15 July.

Commenting on his prestigious appointment, Mr Sethia said: "I'm extremely privileged to be named president of such an important institution, which is at the forefront of postgraduate medical education in the UK. I hope that my experience will serve the organisation well in the coming years."

During his three-year presidency, Mr Sethia aims to build on the RSM's cross-disciplinary work and focus on developing partnerships with other healthcare and educational organisations.

He added: "I am hoping the RSM can lead the way in moving medicine beyond the traditional 'silos' where each specialty area focuses on its own interests."

Mr Sethia, who has been at Royal Brompton since 1999, is widely published as an international expert on congenital heart disease in children and adults, and regularly lectures to clinicians all over the world.

For the past 15 years, Mr Sethia has also been passionate about volunteering his time and expertise abroad, including with the charity, Chain of Hope, founded by former Trust colleague and Harefield transplant surgeon, Professor Sir Magdi Yacoub. Professor Yacoub was also honoured at the ceremony, receiving an RSM fellowship.



School students showcase heart genetics findings

In September 2014, two pupils from Kingsdale Foundation School in South London spent a week as public engagement assistants in our National Institute for Health Research (NIHR) cardiovascular biomedical research unit (cBRU). Saskia Cole and Annie Hines, both aged 15, worked alongside Julia Coffey, cBRU public engagement co-ordinator, to gain experience in bringing science and clinical research to public audiences.

Their job for the week was to find out about our research into the genetics of dilated cardiomyopathy (DCM), a heart condition that affects the heart muscle causing it to weaken and pump less efficiently. They interviewed some of the researchers and clinicians involved and, at the end of the week, Saskia and Annie helped put on a display for patients, public and staff in Royal Brompton's reception area, showcasing their findings.

The exhibit proved very popular. Visitors to the display found out about the importance of mutations in the Titin

gene, which plays an important role in heart muscle structure and function, and what we understand so far of its relevance in DCM patients. They also met genetics researchers and had a go at some of the interactive activities on offer, including having a heart painted on their hands and taking part in the magnetic chromosome challenge.

Julia Coffey was very impressed with the work Saskia and Annie put into their placement: "They asked the researchers some really excellent questions and they should be really proud of what they achieved on their work experience in such a short time. We wish them all the best in their future careers."

Saskia said: "We had lots of fun and learnt a lot – we had a great sense of achievement putting on the display at the end of the week."

Annie said: "I enjoyed the interviews and finding out about Titin, seeing the scanner and touring round the lab where DNA samples from patients can now be sequenced for over 100 genes in two weeks – amazing!"



First patient and public day at Harefield Hospital primary angioplasty conference

The eighth annual primary angioplasty conference took place at Harefield Hospital for three days in September and, for the first time, the final day of the conference was dedicated to patients and the public.

Over 100 people attended – some local residents and some who had previously experienced care at Harefield. Attendees observed a filmed live angioplasty procedure (the treatment for a heart attack), carried out by Dr Rob Smith, consultant interventional cardiologist and course co-director. Dr Smith and Dr Miles Dalby, clinical lead and course director explained the procedure in detail.

In addition, a range of speakers explained what a heart attack is and why it occurs, the vital importance of fast treatment and how this is provided, new clinical research involving patients and treatments before and after a heart attack.

During the lunch break, attendees were given advice and practised CPR techniques on a dummy.

Sid Hope, a former patient at Harefield and his wife, Lorraine, said they found



the day "fascinating". Mr Hope said: "Harefield is a fantastic hospital and I had great care here. The day has been incredibly informative."

Dr Dalby commented: "This live course aims to follow the entire 'patient journey' for heart attack patients. As in previous years, the course focuses on the ambulance services and hospital teams. However, this year, for the first

time, a whole day was set aside for the most important person in all of this – the patient. There was standing room only so it has proved extremely popular. This reflects the importance of actively engaging patients in the care we deliver."

There are plans to repeat the patient and public day at next year's primary angioplasty conference.

Trust gene therapy trial for left ventricular assist devices

In August, a gene therapy trial for left ventricular assist device (LVAD) patients at Harefield, led by consultant cardiologists, Dr Nick Banner and Dr Alexander Lyon, began. An LVAD is a mechanical pump that is used to support the function and blood flow of a failing heart.

Dr Banner carried out the first infusion in the trial. He explained: "The rationale for this study is to investigate the effectiveness of a new form of therapy, which might, in the future, be a viable alternative to transplantation. This study will help us better understand whether the concept of repairing a heart with gene

therapy might be possible, even in patients with advanced heart failure."

The new trial, led by Imperial College London and funded by the British Heart Foundation and Celladon Corporation, is the first study of gene therapy in this patient group.

The research team plans to evaluate how this therapy works in patients with advanced heart failure who are fitted with LVADs. The 24 patients, recruited from Harefield and Papworth hospitals, will either be treated with the gene therapy or with a placebo.

This trial complements the ongoing CUPID2 gene therapy trial, involving less advanced heart failure patients from Royal Brompton, which began last year. Dr Lyon is the UK principal investigator for CUPID2.



The LVAD team with Dr Nick Banner (far left) and the first patient to receive an infusion, Lee Adams, in grey

Charity opens new fundraising hub

Royal Brompton & Harefield Hospitals Charity opens its new fundraising hub in mid November.

The hub is situated opposite the café in the Sydney Street wing of Royal Brompton Hospital.

Please pop along to the hub and have a chat with our Royal Brompton community and events fundraiser, Alice Eastwood, if:

- You are interested in holding a fundraising event
- Are thinking about taking on a challenge in aid of the Charity
- Could spare some time to volunteer with the community fundraising team

- Would like to buy some Charity merchandise including Brompton Bears, t-shirts, wristbands and Christmas cards.

The Royal Brompton & Harefield Hospitals Charity operates independently of the foundation trust to raise money to support carefully selected projects that are not eligible for NHS funding. These projects broadly include medical research, medical equipment, and patient and staff amenities.

Currently, the Charity is raising money to build a state-of-the-art hybrid operating theatre at Royal Brompton.



This will combine complex imaging equipment in an environment where different surgical procedures can take place at the same time, so that a number of procedures that would normally take numerous appointments can be done on the same day.

Charity events for your diary:

Santa dash

The perfect way to get into the Christmas spirit and a fun event for all the family to enjoy!

Sponsorship for this event is not essential, but any donations over and above the entrance fee will be greatly appreciated. All money raised will contribute to the Harefield Heart and Lung Appeal.

If you would like to enter, please contact **Desiree Zimmerman:**
d.zimmerman@rbht.nhs.uk
or telephone **01895 828 820**.

Date and time:

Sunday 7 December, 11am

Venue:

Ruislip Lido, Hillingdon

Price:

£20 adults / £10 children (5-14 years of age) – includes a free Santa suit!



Christmas carol concert

With a mix of well-known carols, celebrity readings and songs from the Holy Trinity Brompton and "Singing for Breathing" choirs, this evening event is not to be missed. Afterwards, we'll be gathering for mulled wine, mince pies and a chat. All proceeds will go towards the Royal Brompton Hybrid Theatre Appeal.

For tickets, please contact **Alice Eastwood:**
a.eastwood@rbht.nhs.uk or
020 7352 8121, ext 2210.

Date and time:

Thursday 11 December, 6.30pm-8.30pm

Venue:

St Paul's Church, Onslow Square, South Kensington

Price:

£20 adults / £10 children



New patient and public parking available at Harefield Hospital

In response to the growing number of concerns raised over patient parking availability, new arrangements have been

made; the parking area behind the Friends' refreshment pavilion will revert to patient-only parking. Additional

parking spaces for staff and visitors have been made available elsewhere in the grounds.

Diary dates

TRUST EVENTS

Breatheasy support groups

These groups provide opportunities for local residents and their carers living with chronic lung conditions to join informal, friendly discussions. Presentations are made by members of Royal Brompton Hospital's chronic obstructive pulmonary disease (COPD) team with guest speakers from both inside and outside the Trust.

Date and time:

Held on the first Tuesday of every month at 2.00pm.

Venue:

Education Centre, Respiratory Clinical Research Facility, 1st floor, Fulham wing, Royal Brompton.

Contact: Rebecca Tanner, clinical research physiotherapist

Email: r.tanner@rbht.nhs.uk

Tel: 020 7351 8029

Singing for Breathing

The sessions are aimed at those with respiratory conditions, or breathlessness associated with cardiac conditions, and are relaxed, informative and fun. They aim to teach basic singing techniques, which can help with breath-management and release stress.

ROYAL BROMPTON HOSPITAL:

Open workshop for all patients (except those attending Foulis Ward)

Date and time:

Every Monday, 2.00pm-3.00pm

Venue:

The Quiet Room, Victoria Ward, 2nd floor, Fulham Wing, Royal Brompton Hospital

HAREFIELD HOSPITAL:

Open workshop for all patients

Date and time:

Every Tuesday, 3.30pm-4.30pm

Venue:

Rehabilitation & therapies seminar room, 2nd floor, Harefield Hospital

Contact: Karen, Annabelle or Jenni in the arts team before your first session for more information, and to make sure the class is running as usual – or to buy the Singing for Breathing CD.

Email: arts@rbht.nhs.uk

Tel: 020 7351 4087

Web: www.rbht.nhs.uk/arts

MEMBERSHIP EVENTS

Annual members' meeting

Date:

Wednesday 22 July 2015

Venue and time:

To be confirmed

If you would like to attend a member event or want more information, please contact:

Philippa Allibone, membership manager

Email: p.allibone@rbht.nhs.uk

Member events are advertised on the **Trust website:**

www.rbht.nhs.uk/members and on

Twitter: @RBandH

TRUST BOARD MEETINGS

Members of the public are welcome to attend.

• 26 November 2014

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

• 28 January 2015

Time: 2.00pm-4.00pm

Venue: Royal Brompton Hospital, Board Room

• 1 April 2015

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

• 29 April 2015

Time: 10.00am-12.00pm

Venue: Royal Brompton Hospital, Board Room

• 20 May 2015

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

• 29 July 2015

Time: 2.00pm-4.00pm

Venue: Royal Brompton Hospital, Board Room

• 30 September 2015

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

• 28 October 2015

Time: 2.00pm-4.00pm

Venue: Royal Brompton Hospital, Board Room

• 25 November 2015

Time: 10.30am-1.00pm

Venue: Harefield Hospital, Concert Hall

COUNCIL OF GOVERNORS' MEETINGS

• 24 February 2015

Time: 11.00am-1.30pm

Venue: Royal Brompton Hospital, Board Room

• 1 June 2015

Time: 11.00am-1.30pm

Venue: Harefield Hospital, Concert Hall

• 22 July 2015

Combined council of governors' AGM and members' annual meeting

Time: TBC

Venue: TBC

Useful contacts for Trust members

Foundation Trust

■ Membership Office

Contact: Philippa Allibone
Tel: 020 7352 8121 ext 2811
Email: members@rbht.nhs.uk

■ Corporate Secretariat

Contact: Anthony Lumley
Tel: 020 7351 8264
Email: governors@rbht.nhs.uk

Royal Brompton & Harefield Hospitals Charity

■ Alice Eastwood

Community fundraiser, Royal Brompton Hospital
Tel: 020 7352 8121 ext 2210
Email: a.eastwood@rbht.nhs.uk

■ Desiree Zimmerman

Community fundraiser, Harefield Hospital
Tel: 01895 828 820
Email: d.zimmerman@rbht.nhs.uk

■ Nick Fry

Marketing and communications manager
Tel: 020 7352 8121 ext 4267
Email: n.fry@rbht.nhs.uk

■ Karen Higgs

Executive assistant
Tel: 020 7352 8121 ext 4269
Email: k.higgs@rbht.nhs.uk

Healthwatch

■ Healthwatch – Kensington and Chelsea

Address: Unit 25, Shaftesbury Centre,
85 Barby Road, London W10 6BN
Tel: 020 8968 7049 / 6771
Email: healthwatchcwl@hestia.org
Website: healthwatchcwl.co.uk/kensington-chelsea

■ Healthwatch – Hillingdon

Address: 26 Market Square, The Pavilions, Uxbridge UB8 1LH
Tel: 01895 272997
Email: office@healthwatchhillingdon.org.uk
Website: healthwatchhillingdon.org.uk/

Other useful contacts

■ Harefield Hamsters

Harefield Transplant Club
Chairman: Brian Unwin
Tel: 01494 472 470
Email: chairman@harefieldhamsters.org
Website: www.harefieldhamsters.org

■ Re-Beat

Harefield cardiology patient support group
Chairman: Ken Crisp
Tel: 020 8868 7571
Email: ken.crisp@btinternet.com

■ Friends of Harefield Hospital (volunteers)

Contact: Don Chapman
Tel: 01895 828 678

■ Friends of Royal Brompton (volunteers)

Contact: Elizabeth Henderson
Tel: 020 7351 8272
Email: e.henderson@rbht.nhs.uk

■ Cystic Fibrosis Trust

Address: 11 London Road, Bromley, Kent BR1 1BY
Tel: 020 8464 7211
Helpline: 0300 373 1000
Email: enquiries@cftrust.org.uk
Website: www.cftrust.org.uk

■ The Somerville Foundation

For patients with congenital heart disease

Address: 25 St Margaret's Green, Ipswich IP4 2BN
Tel: 01473 252 007
Helpline: 0800 854 759 (ansaphone only at weekends)
Email: admin@thesf.org.uk
Email: helpline@thesf.org.uk

■ Tiny Tickers

A source of information on prenatal heart disease

Tel: 020 3286 1250
Email: info@TinyTickers.org
Website: www.tinytickers.org

■ The Brompton Fountain

Supporting families of children with heart and lung conditions

Address: 1 Love Lane, London EC2V 7JN
Tel: 020 7776 9000
Email: admin@thebromptonfountain.org.uk
Web: www.thebromptonfountain.org.uk
Facebook: /thebromptonfountain
Twitter: @BromptonSupport #hereforyou

■ The Octavia Appeal – Friends of Royal Brompton

The Octavia Appeal is specifically to help the paediatric intensive care unit and paediatric ward fund specific items

Contact: Lynda Mackie
Address: 39 Coniger Road, London SW6 3TB
Email: lynda@octaviaappeal.org
Web: www.octaviaappeal.org
Facebook: /OctaviaAppeal
Twitter: @OctaviaAppeal

■ Primary Ciliary Dyskinesia (PCD) Group

Contact: Fiona Copeland (chairman)
Tel: 0300 111 0122 (helpline)
Email: chair@pcdsupport.org.uk
Website: www.pcdsupport.org.uk

■ Duchenne Family Support Group

Address: 78 York Street, London W1H 1DP
Tel: 0870 241 1857
Helpline: 0800 121 4518
Email: info@dfsg.org.uk
Website: www.dfsg.org.uk

■ Raynaud's & Scleroderma Association

Address: 112 Crewe Road, Alsager, Cheshire ST7 2JA
Tel: 01270 872 776 or 0800 9172494
Email: info@raynauds.org.uk
Website: www.raynauds.org.uk

