What could my symptoms be?

| Asthma | Unhelpful br |
|---|---|
| ASL Cough Wheeze | Unhelpful breathing of the top of your chest Sometimes your inhaler works Sighing |
| Wakes you at night Feeling grumpy | |
| | |
| | stomach asleep |
| REMEMBER Taking your blue inhaler can make you feel shaky and make your heart beat faster | Anxiety |
| | |

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Working in partnership with Royal Brompton Difficult Asthma Service

