

Patient telephones

Telephones for patients to receive incoming calls are available on bays one, two and three. Patients and their visitors are encouraged to answer these telephones. The telephone numbers for each bay are as follows:

- Bay one 01895 826 590
- Bay two 01895 828 928
- Bay three 01895 826 591

We ask that calls to these telephones are only made during the following times:

8.30 a.m. - 1.00 p.m.

2.00 p.m. - 9.00 p.m.

Useful contacts

We hope you find the information in this leaflet useful. For more general information please see the notice boards that can be found in the corridors on the Unit.

If you have any more questions please do not hesitate to ask a member of staff. Carol Gadd is the Modern Matron for the Medical Care Unit and can be contacted by telephoning 01895 823 737 bleep number 6243.

© Royal Brompton & Harefield NHS Trust

Royal Brompton Hospital
Sydney Street
London
SW3 6NP
tel: 020 7352 8121

Harefield Hospital
Hill End Road
Harefield
Middlesex
UB9 6JH
tel: 01895 823 737

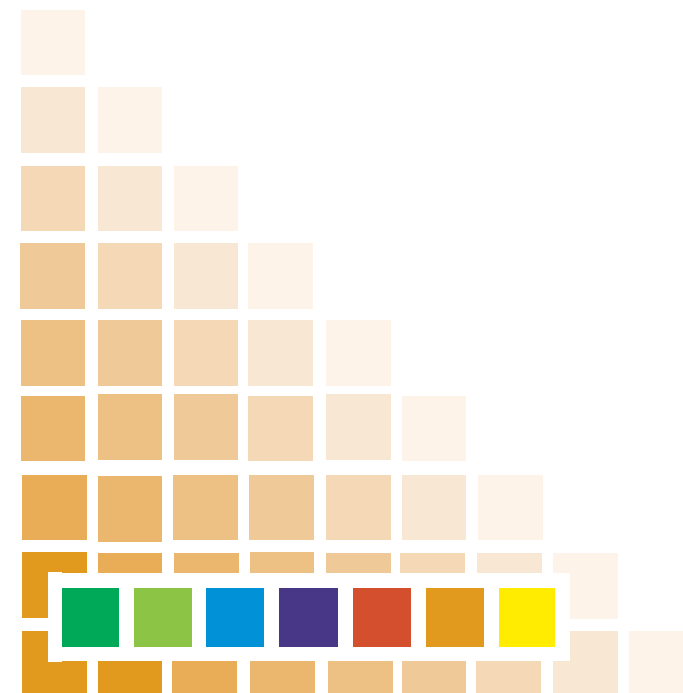
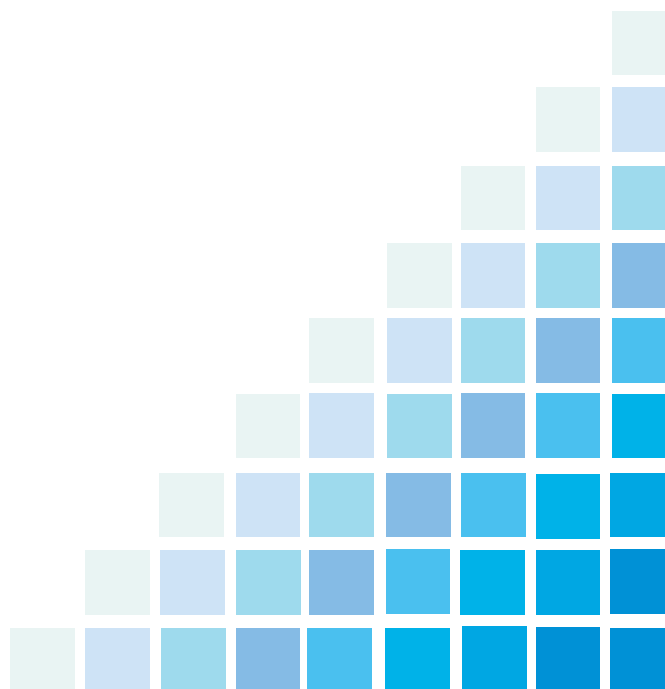
minicom: 01895 82 8534
website: www.rbht.nhs.uk

May 2006

Royal Brompton & Harefield 
NHS Trust

Harefield Hospital

Your stay in the Medical Care Unit



Welcome to the Medical Care Unit.

When you arrive on the Unit you will be met by an 'admitting nurse' who will be responsible for planning your care. Your admitting nurse will help you to set goals, identify any potential problems and make sure that you receive the care you need.

The Medical Care Unit is a mixed sex open ward. While every effort is made to separate male and female patients, sometimes, due to clinical need, this may not always be possible.

The Unit is divided into 'bays'. You will be cared for on the bay that you were admitted to. However, on rare occasions you may be asked to move to another bay if the need arises. If this is the case the nursing staff will discuss this with you.

Nursing staff

At the beginning of each shift you will be introduced to the nursing staff responsible for your care.

Visiting times

The visiting times on the Medical Care Unit are between 2.00 p.m. and 8.00 p.m. There is a patient rest period on the Unit between 1.00 p.m. and 2.00 p.m. We ask visitors not to visit during this time so patients can rest. Please limit your visitors to two per bed in consideration for other patients.

Meal times

Early morning drink	7.00 a.m.
Breakfast	7.30 - 8.30 a.m.
Mid morning hot drink/ biscuits	10.00 a.m.
Lunch	12.00 - 1.00 p.m.
Hot drink	1.00 - 1.30 p.m.
Afternoon hot drink and cakes	3.00 p.m.
Pre-supper hot drink	4.30 p.m.
Supper	5.30 - 6.30 p.m.
Hot drink after supper	7.00 p.m.
Late hot drink	7.45 p.m.

Medication

On admission the nurse will discuss your medication with you. Your medication will be stored inside your bedside locker.

There are four medication rounds a day, carried out by the nursing staff, who will give you your medication and discuss your needs. The times are approximately:

- 8.00 a.m.
- 12.00 p.m.
- 6.00 p.m.
- 10.00 p.m.

A ward pharmacist visits the Unit from Monday to Friday and will be happy to answer any questions you may have about your medication.

Discharge (going home)

On the day of your discharge we will need your bed to be free. You will need to leave your bed and clear your locker after breakfast.

To make sure that you leave hospital with the right information you will need to stay on the ward until a nurse has spoken to you and given you all the information you need.

Please arrange for a relative or friend to collect you. Unfortunately we cannot provide you with transport home unless you have a medical need for this.

Ward telephone numbers

To contact the Medical Care Unit, please use one of the following telephone numbers:

- Bays one and two
01895 828 644
- Bays three and four
01895 828 648
01895 828 643
01895 828 667