

## Transport

If you need transport to bring you to us, please ask your GP to arrange this.

## Private patients

If you are a private patient, please bring your insurance details to your appointment. Otherwise, please pay your invoice on the day of your scan.

## How to find us

The nuclear medicine department is in the ANZAC Centre, behind the main reception in Harefield Hospital.

## Contact us

If you have any questions about your scan, or would like to change your appointment, please call us on **01895 826 514**, Monday to Friday, 9am-4pm.

If you have concerns about any aspect of the service you have received in hospital and feel unable to talk to those people responsible for your care, call PALS on 01895 826 572 or email [pals@rbht.nhs.uk](mailto:pals@rbht.nhs.uk). This is a confidential service.



A lifetime of specialist care

Royal Brompton Hospital  
Sydney Street  
London  
SW3 6NP  
tel: 020 7352 8121  
textphone: (18001) 020 7352 8121

Harefield Hospital  
Hill End Road  
Harefield  
Middlesex  
UB9 6JH  
tel: 01895 823 737  
textphone: (18001) 01895 823 737

website: [www.rbht.nhs.uk](http://www.rbht.nhs.uk)

إذا كنت ترغب في الحصول على ترجمة فورية لمضمون هذه الوثيقة إلى اللغة العربية، يرجى منك الاتصال بأحد مستخدمينا بجناح المصلحة التي يتم فيها استشفائك. أحد موظفينا سيسعى لترتيب إجراءات الترجمة وإتمامها في الوقت المناسب لك.

Brosurteki bilginin Türkçe tercemesi için tedavi görüyor olduğunuz bölüme basurunuz. Bölüm personeli tercemenin gerçekleşmesini en kısa zamanda ayarlayacaktır.

October 2014

© Royal Brompton & Harefield NHS Foundation Trust

Royal Brompton & Harefield **NHS**  
NHS Foundation Trust

Harefield Hospital

Your nuclear medicine  
bone scan



## Appointment information

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

## Points to remember

- Please contact us on **01895 826 514** within seven days of receiving this letter to confirm your appointment. If we do not hear from you, we may have to give your appointment to another patient.
- If you are wearing a plaster cast, please contact us to discuss this.
- You do not have to prepare for the scan, but please remember to drink plenty of fluid before and after the injection.

## What is nuclear medicine?

Nuclear medicine is a special way of taking images of your body. Before we can take these images, we need to give you an injection containing a tracer. This is a substance with a small amount of radioactivity that highlights the part of the body we need to see in more detail.

## About your bone scan

- We will give you a tracer injection so we can see the activity in your bones.

- We will ask you to return to us two to three hours after the injection to take the scan, which takes about 45 minutes.
- You will be asked to drink at least six cups of fluid between the time of the injection and your scan. These drinks can be tea, coffee, water, or any drink of your choice. You may eat between the injection and the scan, if you wish.

There is a possibility that more images may be needed – please see the additional information sheet on SPECT CT.

## How long will the test take?

The process from injection until the end of the scan can take up to four hours. The scan itself takes around 45 minutes. If extra images are taken then an extra 30 minutes is needed.

## Is there any risk from the radiation?

The amount of radiation used is small and kept to a minimum. We believe that the benefits of having the test far outweigh any risks. To avoid exposing children unnecessarily to radiation, please do not bring them with you to the department. Please ask if you have any questions.

## Female patients

You should not have this scan if you are pregnant, think you may be pregnant, or are breastfeeding.

## People with diabetes

You do not need to change your diet or treatment. Please bring your insulin with you and you should also bring a snack in case you need to eat while you are with us.

## Are there any side effects?

The substance we use for your injection will not make you sleepy and it will not stop you from driving a car.

## After your scan

You can eat and drink as usual and continue with your normal daily activities after your scan.

Avoid unnecessary radiation exposure to children by avoiding long periods of close contact with them for the rest of the day.

## Results

We will send your results to the hospital consultant who asked for the test.

## Additional information

Every day we scan many people in our department. Sometimes delays occur, but we will always try to keep as close as possible to your appointment time. If you are late, or if there is an emergency at the hospital, it may not be possible to perform your scan immediately.