

When will we receive the results?

We are usually able to give you some immediate feedback on the results. However, we will need to carry out further analysis of the videorecording before we are able to give you a full set of results. We will arrange a time to contact you with these.

As the test is videotaped we can show this tape to you to explain any difficulties your child has. If there are any changes needed to your child's current eating and/or drinking pattern, these will be discussed with you and the medical team involved in your child's care.

Where will the test take place?

The videofluoroscopy will take place in the imaging department (X-ray) on the 3rd floor of the Sydney Street building.

Who can I contact for more information?

You can call 020 7351 8369 to speak to a speech and language therapist (9am to 5pm Monday to Friday).

If you have concerns about any aspect of the service you have received in hospital and feel unable to talk to those people responsible for your care, call PALS on 020 7349 7715 or e-mail pals@rbht.nhs.uk. This is a confidential service.

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إذا كنت ترغب بالحصول على ترجمة فورية لمضمون هذه الوثيقة إلى اللغة العربية، يرجى منك الإتصال باحد مستخدمينا بجناح المصلحة أين يتم إستشفائك. أحد موظفينا سيسعى لترتيب إجراءات الترجمة وإتمامها في الوقت المناسب لك.

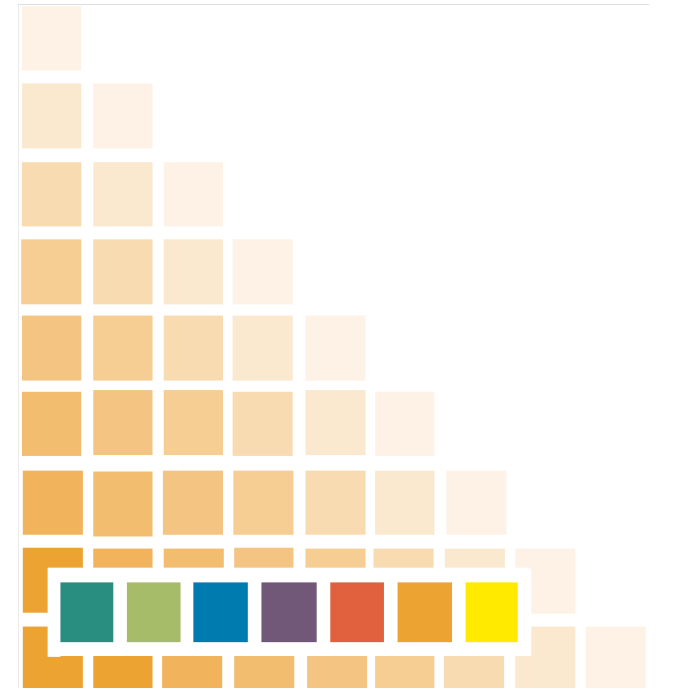
Brosürteki bilginin Türkçe tercümesi için tedavi görüyor olduğunuz bölüme bas vurunuz. Bölüm personeli tercümenin gerçekleşmesini en kısa zamanda ayaracaktır.



Royal Brompton & Harefield **NHS**
NHS Trust

Royal Brompton Hospital

Your child's videofluoroscopy



We have written this leaflet to give you information on your child's visit to hospital for a videofluoroscopy. It is not intended to replace the explanations given to you by our staff but we hope it will be a useful guide for you to use before and after your child's visit to hospital. If you have any questions or need any further information please just ask.

What is a videofluoroscopy?

It is a special x-ray test that looks at eating, drinking and swallowing.

Why has my child been referred for this test?

This test gives a clearer picture of what is happening in your child's mouth and throat when he/she is eating and drinking.

It also shows us where food and liquid goes when your child swallows. It will give us much more information on your child's swallow process, allowing us to diagnose any problems and to see if there are ways to make your child's swallow safer and easier.

Does the test hurt?

No. The test is totally painless. It does not involve needles or tubes and we will try to feed your child as closely as possible to how he/she feeds at home.

What do I need to bring with me to the appointment?

You should bring some food and drink which your child would usually eat. It is also helpful if you bring your child's usual bottle/spoon/beaker/cup or cutlery along.

If your child requires special positioning or seating during mealtimes, please let us know. We may ask you to bring the seating with you if possible.

How do I prepare my child for the procedure?

You can feed your child before the assessment. However we would advise that only a small amount of food is eaten as your child will need to eat and drink during the assessment. This is easier if your child is hungry.

Earrings and necklaces may need to be removed during the test as they can interfere with the x-ray image. Jumpers with metal press-studs or zips may also need to be removed.

What does the test involve?

Your child will be seated in a small supportive chair in front of an x-ray machine. He/she will be given different types of food or drink to swallow. This will be mixed with or coated with a liquid called barium contrast, which makes the food and drink show up on the x-ray and so lets us look at your child's swallow process using the x-ray machine. We also make a video recording of the procedure.

We try to follow the child's usual feeding routine as closely as possible and so we will probably ask you to feed your child.

Who will be involved in the test?

- A parent/carer
- Your child
- A speech and language therapist
- A consultant radiologist
- A radiographer/nurse

Are there any significant risks or side effects?

Radiation can be harmful in large doses. However, a very low dose of radiation is used for the x-rays. We take every precaution when using radiation.

If you are pregnant or think you may be pregnant **you will need to stay outside of the x-ray room during your child's test.** This is because radiation, even in small doses, can cause harm to unborn babies.

Any other children with you will not be allowed into the x-ray room during your child's test – again, this is to reduce the risk of harm from radiation.

The barium will pass through your child's digestive system. Occasionally it may cause constipation.

Aspiration – when food or drink goes “down the wrong way”, into the windpipe – can happen during the test. We take strict precautions to avoid this and will arrange physiotherapy treatment should it occur.

Please remember that we would not recommend this test if we did not believe the benefits outweighed any potential risks. The speech and language therapists are happy to talk through any concerns you may have about the test – please just ask.