

Your Macmillan clinical nurse specialist (CNS) in thoracic oncology



This leaflet gives you information on how your Macmillan clinical nurse specialist (CNS) can help support you. Please ask us if you have any questions.

Macmillan cancer support

Macmillan is a cancer charity that supports patients, carers and families affected by cancer. Macmillan also supports healthcare professionals that work with people affected by cancer. For more information, please visit www.macmillan.org.uk.

How can your Macmillan CNS help?

Your Macmillan CNS in thoracic oncology is an experienced nurse with specialist training in lung cancer and cancer involving the chest.

If you or a relative are currently undergoing tests, have been diagnosed with cancer or have any questions about these types of cancer, your Macmillan CNS can support and advise you.

The nurse is part of a team of different health professionals looking after different areas of your care – a multi-disciplinary team – and may be your first point of contact if you have any problems or queries.

The Macmillan CNS can also help with:

- Explaining your illness and treatments answering questions and giving as much information as you would like so that you can take part in discussions about your care if you want to.
- Emotional support a diagnosis or potential diagnosis of cancer can be very hard to deal with. You may find it helpful to discuss how you are feeling and any concerns you may have with your Macmillan CNS. He can also speak to your family, friends and employer, or anyone else you would like.
- Symptom control helping you to find the best way to manage any symptoms you may have, such as difficulty breathing, coughing or pain.
- Benefits advice giving basic advice on benefits you may be able to claim, and helping you with the necessary forms. The nurse can also put you in contact with a benefits advisor from the Department for Work and Pensions, if needed.
- Helping to co-ordinate your care talking to doctors, nurses and other health professionals involved in your care (at the hospital and in the community) to make sure that you receive the right care.

How can I contact a Macmillan CNS?

Any health or social care worker involved in your care can refer you to a Macmillan CNS with your permission.

You can also contact our Macmillan CNS Michael Evans directly, to arrange an appointment, Monday to Friday, 9am to 4pm.

Switchboard: 020 7352 8121 Extension: 4134 or ask for bleep 7068

Where can I get more information about cancer?

If you need more information, please visit www.nhs.uk/ips where you can create your own personalised information prescription.

It does not replace the need for personal advice from a qualified healthcare professional. Please ask your Macmillan CNS for advice and support.

You can find more information about the Macmillan cancer support charity at: www.macmillan.org.uk.

Survivorship clinic Are you living with or after cancer? Do you have any questions? Do you need advice? Telephone or face-to-face consultations, Thursdays 1-4pm. To make an appointment contact Michael Evans on 020 7352 8121 extension 4134

If you have concerns about any aspect of the service you have received in hospital and feel unable to talk to those people responsible for your care, call PALS on 020 7349 7715 or email pals@rbht.nhs.uk. This is a confidential service.

© Royal Brompton & Harefield NHS Foundation Trust 2012

Royal Brompton Hospital Sydney Street London SW3 6NP tel: 020 7352 8121 textphone: (18001) 020 7352 8121

Harefield Hospital Hill End Road Harefield Middlesex UB9 6JH tel: 01895 823 737 textphone: (18001) 01895 823 737

website: www.rbht.nhs.uk

إذا كنت ترغب في الحصول على ترجمة فورية لمضمون هذه الوثيقة إلى اللغة العربية، يرجى منك الاتصال بأحد مستخدمينا بجناح المصلحة التي يتم فيها استشفائك. أحد موظفينا سيسعى لترتيب إجراءات الترجمة وإتمامها في الوقت المناسب لك.

Brosürteki bilginin Türkçe tercümesi için tedavi gorüyor oldugunuz bolüme bas vurunuz. Bolüm personeli tercümenin gerçeklesmesini en kisa zamanda ayarlacaktir.

May 2012