

## Appendix 18 – CF Trust consensus documents, factsheets & leaflets

These are available on the CF Trust website – <https://www.cysticfibrosis.org.uk/life-with-cystic-fibrosis/publications>. Press ctrl+click on titles.

### Consensus Documents

**For more clinical information see:**

[European Cystic Fibrosis Society Standards of Care Available in Open Access](#)

[HS National Programmes of Care and Clinical Reference Groups, Internal Medicine – Group A, A01 Cystic Fibrosis](#)

Read the [guidelines on NTM infection](#) issued by Thorax, the international journal for health professionals working in respiratory medicine.

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[Standards of Care and Good Clinical Practice for the Physiotherapy Management of Cystic Fibrosis. Third edition. April 2017.](#)

Consensus document outlining standards of care and good practice for physiotherapy.  
Published: April 2017

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[Nutritional Management of Cystic Fibrosis. September 2016.](#)

Consensus document on nutritional management of cystic fibrosis. Published: September 2016

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[NTM guidelines. November 2017 \(amended March 2018\).](#)

Suggestions for infection prevention and control of *Mycobacterium abscessus*. Published: November 2017

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[Standards for the Clinical Care of Children and Adults with Cystic Fibrosis in the UK. Second edition. December 2011.](#)

Consensus document outlining standards of care. Published: December 2011

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[Pharmacy Standards of Care. November 2011](#)

Consensus document outlining pharmacy standards in CF care. Published: November 2011

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[Laboratory Standards for Processing Microbiological Samples from People with Cystic Fibrosis. First edition. September 2010.](#)

Consensus document outlining laboratory standards for processing microbiological samples.  
Published: September 2010

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[Antibiotic Treatment for Cystic Fibrosis. Third edition. May 2009.](#)

Consensus document on antibiotic treatment for cystic fibrosis. Published: May 2009

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[Methicillin-resistant Staphylococcus aureus \(MRSA\). April 2008.](#)

Consensus document on MRSA. Published: April 2008

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[European cystic fibrosis bone mineralisation guidelines. February 2011.](#)

Consensus document on bone mineralisation in cystic fibrosis. Published: February 2011

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[Pseudomonas aeruginosa infection in people with Cystic Fibrosis. Suggestions for Prevention and Infection Control. Second Edition. November 2004.](#)

Consensus document on prevention and infection control of Pseudomonas aeruginosa. Published: November 2004

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[The Burkholderia cepacia Complex - Suggestions for Prevention and Infection Control. Second edition. September 2004.](#)

Consensus document on suggestions for prevention and infection control of Burkholderia cepacia Complex. Published: September 2004

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[Management of Cystic Fibrosis-related Diabetes Mellitus. June 2004.](#)

Consensus document on managing CF-related diabetes mellitus. Published: June 2004

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[National Consensus Standards for the Nursing Management of Cystic Fibrosis. May 2001.](#)

Consensus document on standards for nursing management of CF. Published: May 2001

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### **Factsheets, information packs and publications –**

<https://www.cysticfibrosis.org.uk/the-work-we-do/publications/factsheets-and-information-packs>

#### Information packs

[New diagnosis information pack](#)  
[Pre-school and primary school pack](#)  
[Secondary school pack](#)  
[Leaving school](#)  
[Family planning pack](#)  
[Transplant booklets](#)  
[Bereavement resources](#)  
[End of life planning](#)  
[Festival planning information](#)

#### Factsheets

## **Diagnosis**

[Diagnosis in adulthood](#)

[Family genetic testing - 'cascade screening'](#)

[The sweat test for cystic fibrosis](#)

## **Related complications**

[Bone health](#)

[Cystic fibrosis-related diabetes.](#)

[Liver disease](#)

[Melioidosis and tropical travel](#)

[Urinary incontinence](#)

[Pelvic floor exercises \(female\)](#)

[How to improve your posture](#)

## **Treatments**

[Home intravenous therapy](#)

[Inhaled therapy](#)

[Lung transplantation](#)

[Portacaths](#)

[Steroid treatment](#)

## **Nutrition**

[Achieving a healthy weight in cystic fibrosis](#)

[Drinking alcohol.](#)

[Eating well for children with cystic fibrosis](#)

[Leaving home and eating well](#)

[Nutrition and pregnancy](#)

[Pancreatic sufficiency in babies with cystic fibrosis](#)

[Pancreatic insufficiency in babies with cystic fibrosis.](#)

[Post-lung transplant nutrition for people with cystic fibrosis](#)

[Salt in the cystic fibrosis diet](#)

[Staying hydrated and cystic fibrosis](#)

[Weaning for babies with cystic fibrosis](#)

## **Physiotherapy**

[Physiotherapy leaflets](#)

[Physiotherapy for adults](#)

[Physiotherapy for babies and toddlers](#)

## **Living with cystic fibrosis**

[Disability Living Allowance \(DLA\)](#)

[Employment](#)

[Financial help](#)

[Individual healthcare plan for schools](#)

[Prescription charges](#)

[The Cystic Fibrosis Trust Support Service](#)

[Advance care planning form.](#)

***Transition***

[Transition from paediatric to adult care: guide for young people](#)

[Transition from paediatric to adult care: guide for parents](#)

[Transition from paediatric to adult care: guide for commissioners and hospital / clinical teams](#)