

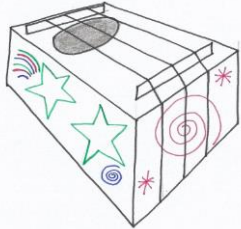




Crafternoons

Crafternoons is a rb&hArts initiative offering FREE monthly arts workshops to patients, staff and visitors at Royal Brompton & Harefield NHS Foundation Trust.

All Crafternoons at Harefield Hospital will be 12-2pm in Anzac Reception (All Welcome) and 2:30 – 4pm in Rowan Ward Bellair Room (inpatients only)

All Crafternoons at Royal Brompton Hospital will be 12-2pm in Sydney Street Reception (All Welcome) and 2:30 – 4pm in Victoria Ward Day Room (Inpatients only)

JANUARY		
30 th Jan – HAREFIELD HOSPITAL		GUITAR BOX ROCKS with PHIL STUTLEY Participants will experience first-hand the wonder of how musical instruments generate sound by creating their own unique instrument to play and record on the day.
31 st Jan – ROYAL BROMPTON HOSPITAL		
FEBRUARY		
13 th Feb – HAREFIELD HOSPITAL		VALENTINES CARD MAKING with THE ARTS TEAM Join the Arts Team to create unique and beautiful cards for your loved ones this Valentine's Day.
14 th Feb – ROYAL BROMPTON HOSPITAL		
27 th Feb – HAREFIELD HOSPITAL		LINO PRINTING with GAIL ASBURY Learn the art of Lino printing! Create your own unique composition before transferring your design by carbon paper to soft lino.
28 th Feb – ROYAL BROMPTON HOSPITAL		

MARCH

27th March – HAREFIELD HOSPITAL



UGLY JUGS with CHARLY BLACKBURN
We will be creating clay 'UGLY JUGS'! A process inspired by ancient vessels found in West Africa that were traditionally believed to absorb or contain illnesses.

28th March – ROYAL BROMPTON HOSPITAL

APRIL

24th April – HAREFIELD HOSPITAL



DREAMCATCHERS with KARL FINN
Join the arts team and visiting artist Karl Finn in making your very own dreamcatcher.

25th April – ROYAL BROMPTON HOSPITAL

MAY

16TH May – HAREFIELD HOSPITAL



MENTAL HEALTH AWARENESS WEEK – PHOTOGRAPHY with DANIEL REGAN
Combining mindfulness and storytelling using photography. We will be taking instant photos, and using a range of materials and tools to manipulate these into narratives that tell the world who we are and how we feel.

17TH May – ROYAL BROMPTON HOSPITAL

29th May – HAREFIELD HOSPITAL



TERRARIUMS AND SUCCULENTS with JAR & FERN

30th May – ROYAL BROMPTON HOSPITAL

Learn how to make your own little garden in a jar and get to take it home with you

JUNE

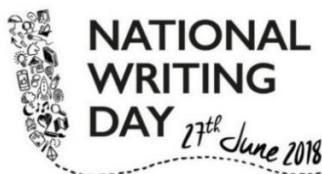
12th June – HAREFIELD HOSPITAL



CREATIVITY AND WELLBEING WEEK – BOTANICAL CLAY with EMILY HALL
Roll plants into air drying clay to reveal beautiful patterns which can then be made into little coasters or hanging decorations.

13th June – ROYAL BROMPTON HOSPITAL

26th June – HAREFIELD HOSPITAL



NATIONAL WRITING DAY – CREATIVE WRITING with SOPHIE MARSH
Join in celebrating National Writing Day with Sophie Marsh, who will help us discover found poetry as a method of expressing through writing both individually and in collaboration with other participants.

27th June – ROYAL BROMPTON HOSPITAL